

FOOD SECURITY RESOURCES in NC

Healthy Opportunities Pilots: <https://www.ncdhhs.gov/about/department-initiatives/healthy-opportunities/healthy-opportunities-pilots>

Find Your **Local Food Bank:** <https://www.feedingamerica.org/find-your-local-foodbank>

Find Free **Food and Groceries:** <https://www.feedingamerica.org/need-help-find-food>

Assistance by Zip Code: <https://www.findhelp.org/>

Food Pantries in NC by City (not a comprehensive list):
https://www.foodpantries.org/st/north_carolina

SNAP-Ed Implementing Agencies: <https://snaped.fns.usda.gov/state-snap-ed-programs/north-carolina>

SNAP-Ed Associates:

https://docs.google.com/document/d/1TZZPlgF9xPUOhZAlqI8_Rn9B1IR7vTOeNK0cAYBITs8/edit?usp=sharing

EFNEP, the Expanded Food and Nutrition Education Program, offers free nutrition classes to help families and youth cook healthy meals at home, be more active, save money on food costs, and handle food safely.
<https://efnep.ces.ncsu.edu/>

REACH (Public Health Authority of Cabarrus County, d.b.a **Cabarrus H: Catawba, Cabarrus, Gaston, Mecklenburg, Rowan, Union Counties**):
<https://www.cdc.gov/reach/php/reach-2023-2028/index.html>

High Obesity Program (North Carolina State University: **Warren, Halifax, Northampton, Hertford, Bertie, Washington, Lenoir, Jones, Columbus, and Robeson counties**):
https://www.cdc.gov/hop/php/about/?CDC_AAref_Val=https://www.cdc.gov/nccdphp/dnpao/state-local-programs/hop/high-obesity-program-2023-2028.html