



North Carolina Stroke Advisory Council Meeting American Heart Association Update

September 25, 2024

AHA Centennial Celebration

June 10, 2024 marked 100 years of scientific discovery and innovation by the American Heart Association

Founded in Chicago by six cardiologists, the American Heart Association has grown dramatically, and it is now the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke. During its second century of bold action, the Association is committed to advancing health and hope for everyone, everywhere.

Visit our dedicated webpage - [Heart.org/centennial](https://www.heart.org/centennial) - to learn more





2024 Get With The Guidelines[®] Stroke Recognition

2024 GWTG-Stroke awards based on Jan-Dec 2023 data

Congratulations to all award-winning hospitals.

American Heart Association.
2024
GET WITH THE GUIDELINES.
BRONZE
TARGET: STROKE HONOR ROLL
STROKE

American Heart Association.
2024
GET WITH THE GUIDELINES.
SILVER PLUS
TARGET: STROKE HONOR ROLL
TARGET: TYPE 2 DIABETES HONOR ROLL
STROKE

American Heart Association.
2024
GET WITH THE GUIDELINES.
GOLD PLUS
TARGET: STROKE HONOR ROLL ELITE PLUS
ADVANCED THERAPY
TARGET: TYPE 2 DIABETES HONOR ROLL
STROKE

2024
HOSPITAL RECOGNITION CRITERIA
(based on 2023 data)

ACHIEVEMENT MEASURES >85% OR GREATER



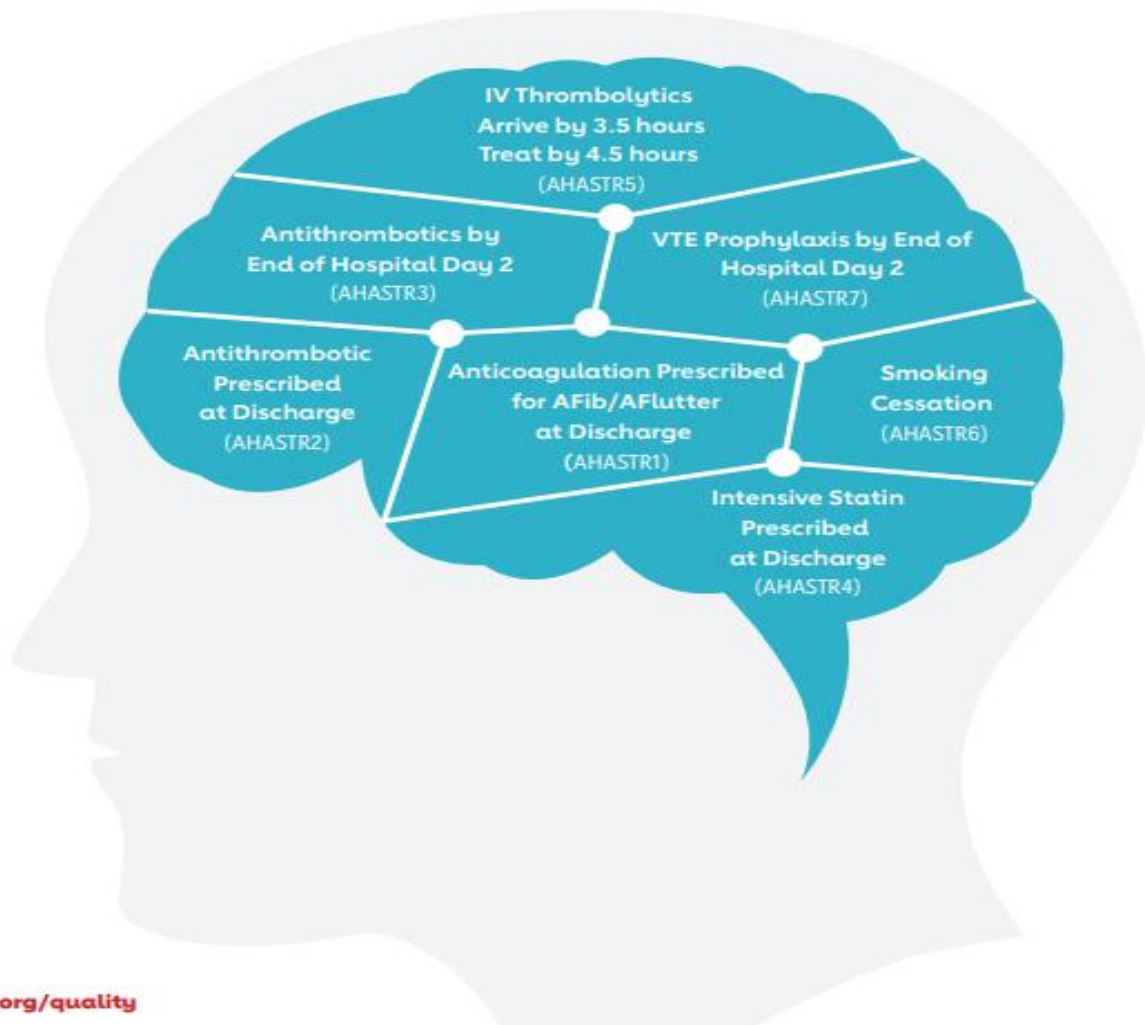
2 consecutive calendar years



1 calendar year



1 calendar quarter and ≥30 patients



QUALITY MEASURES + AWARD

≥75% on at least 4 measures

*Must achieve Silver or Gold to be eligible

Dysphagia Screening (AHA STR8)

Stroke Education (AHA STR12)

Assessed for Rehabilitation (AHA STR11)

LDL Documented (AHA STR9)

NIHSS Reported (AHA STR10)

Door to Needle ≤60 minutes (AHA STR13)

TARGET: STROKE

(Minimum of 6 patients to be eligible)

HONOR ROLL

75% of applicable patients (AHA STR13)

Door-to-Needle ≤60 minutes

HONOR ROLL ELITE

85% of applicable patients (AHA STR13)

Door-to-Needle ≤60 minutes

HONOR ROLL ELITE PLUS

75% of applicable patients Door-to-Needle ≤45 minutes (AHA STR49) & 50% of applicable patients Door-to-Needle ≤30 minutes (AHA STR48)

HONOR ROLL ADVANCED THERAPY

50% of applicable patients

Door-to-Device ≤90 minutes for Direct Arriving Patients (AHA STR114) & ≤60 minutes for Transfer Patients (Within 6 hours or 24 hours) (AHA STR114)

2024 North Carolina Award Recognition

- 66 Hospitals Recognized
- 65 Total Awards (Achievement Measures)
- 61 Plus Awards (Quality Measures)
- 47 Target: Stroke Honor Roll Awards
 - 13 Target: Stroke Elite Plus Honor Roll
- 59 Target: Type 2 Diabetes Awards
- 13 Advanced Therapy Awards

[US News and World Report](#)



**Healthy Hearts
and Minds, One
Hospital at a
Time**





Rural Stroke Recognition

2024 GWTG-Rural Stroke awards were based on Jan-Dec 2023 data and a hospital was eligible for a Bronze and Silver recognition for this year

Congratulations to all award-winning hospitals.

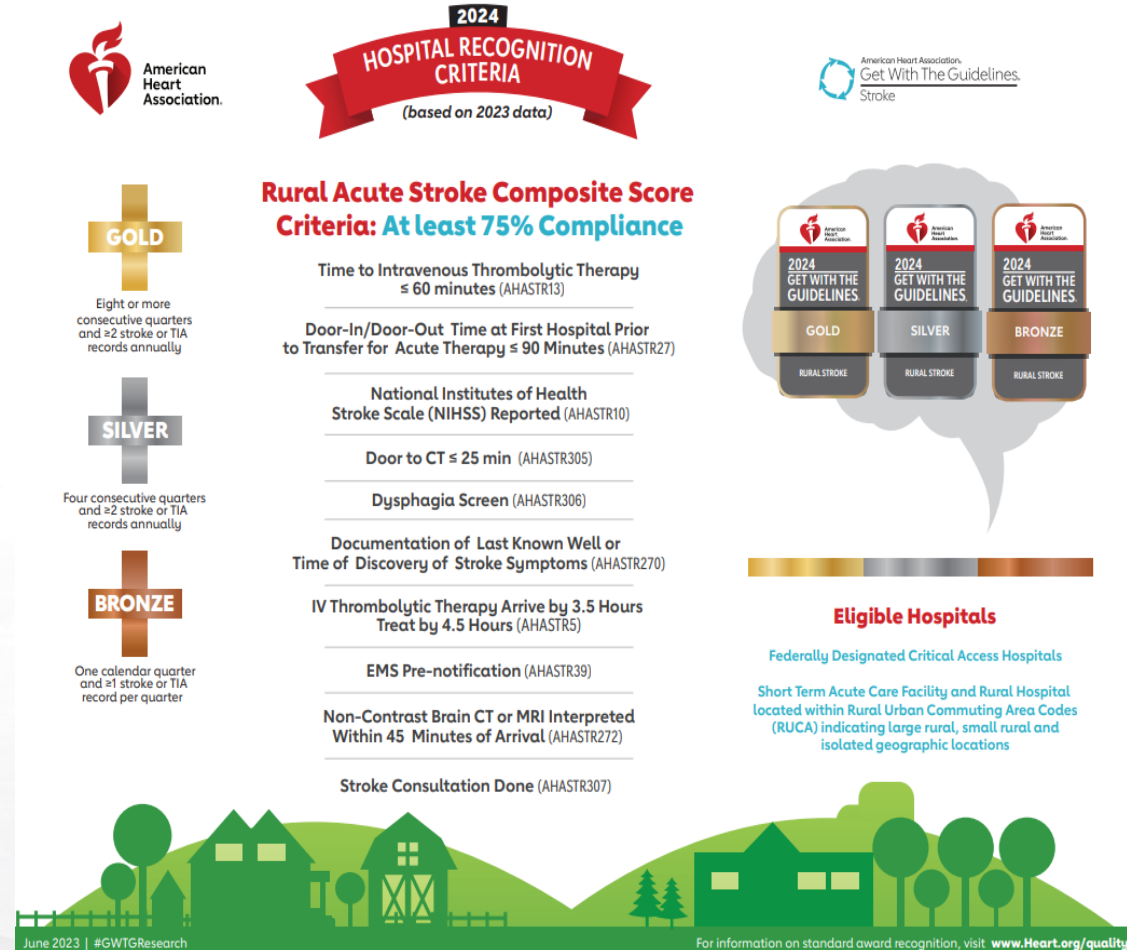
[Rural Health Care Outcomes Accelerator](#)

GWTG-Stroke
GWTG-CAD
GWTG-HF



2024 North Carolina GWTG–Rural Stroke Recognition

- 26 Hospitals Recognized
- 26 Rural Bronze Awards
- 19 Rural Silver Awards



2024 HOSPITAL RECOGNITION CRITERIA
(based on 2023 data)

Rural Acute Stroke Composite Score Criteria: At least 75% Compliance

- Time to Intravenous Thrombolytic Therapy ≤ 60 minutes (AHASTR13)
- Door-In/Door-Out Time at First Hospital Prior to Transfer for Acute Therapy ≤ 90 Minutes (AHASTR27)
- National Institutes of Health Stroke Scale (NIHSS) Reported (AHASTR10)
- Door to CT ≤ 25 min (AHASTR305)
- Dysphagia Screen (AHASTR306)
- Documentation of Last Known Well or Time of Discovery of Stroke Symptoms (AHASTR270)
- IV Thrombolytic Therapy Arrive by 3.5 Hours Treat by 4.5 Hours (AHASTR5)
- EMS Pre-notification (AHASTR39)
- Non-Contrast Brain CT or MRI Interpreted Within 45 Minutes of Arrival (AHASTR272)
- Stroke Consultation Done (AHASTR307)


Eligible Hospitals

- Federally Designated Critical Access Hospitals
- Short Term Acute Care Facility and Rural Hospital located within Rural Urban Commuting Area Codes (RUCA) indicating large rural, small rural and isolated geographic locations

June 2023 | #GWTGResearch

For information on standard award recognition, visit www.Heart.org/quality


2025 Award Recognition



2025


HOSPITAL RECOGNITION CRITERIA

(based on 2024 data)




Rural Acute Stroke Composite Score Criteria: At least 75% Compliance

- Time to Intravenous Thrombolytic Therapy ≤ 60 minutes (AHASTR13)**
- Door-In/Door-Out Time at First Hospital Prior to Transfer for Acute Therapy ≤ 90 Minutes (AHASTR27)**
- National Institutes of Health Stroke Scale (NIHSS) Reported (AHASTR10)**
- Door to CT ≤ 25 min (AHASTR305)**
- Dysphagia Screen (AHASTR306)**
- Documentation of Last Known Well or Time of Discovery of Stroke Symptoms (AHASTR270)**
- IV Thrombolytic Therapy Arrive by 3.5 Hours Treat by 4.5 Hours (AHASTR5)**
- EMS Pre-notification (AHASTR39)**
- Non-Contrast Brain CT or MRI Interpreted Within 45 Minutes of Arrival (AHASTR272)**
- Stroke Consultation Done (AHASTR307)**




Eligible Hospitals

Federally Designated Critical Access Hospitals or Short Term Acute Care Hospitals within Rural Urban Commuting Areas (RUCA) geographically classified as large rural, small rural or isolated.



December 2023 | #GWTGResearch


For information on standard award recognition, visit www.Heart.org/quality



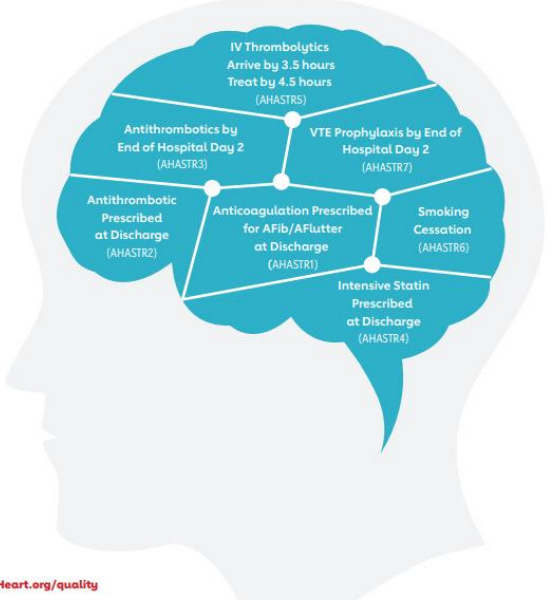
2025

HOSPITAL RECOGNITION CRITERIA

(based on 2024 data)



ACHIEVEMENT MEASURES >85% OR GREATER



- IV Thrombolytics Arrive by 3.5 hours Treat by 4.5 hours (AHASTR5)
- Antithrombotics by End of Hospital Day 2 (AHASTR3)
- VTE Prophylaxis by End of Hospital Day 2 (AHASTR7)
- Antithrombotic Prescribed at Discharge (AHASTR2)
- Anticoagulation Prescribed for AFib/AFlutter at Discharge (AHASTR1)
- Smoking Cessation (AHASTR6)
- Intensive Statin Prescribed at Discharge (AHASTR4)

QUALITY MEASURES + AWARD

≥75% on at least 4 measures
*Must achieve Silver or Gold to be eligible

- Dysphagia Screening (AHASTR8)
- Stroke Education (AHASTR12)
- Assessed for Rehabilitation (AHASTR1)
- LDL Documented (AHASTR9)
- NIHSS Reported (AHASTR10)
- Door to Needle ≤60 minutes (AHASTR13)

TARGET: STROKE

(Minimum of 6 patients to be eligible)

HONOR ROLL

75% of applicable patients (AHASTR13)
Door-to-Needle ≤60 minutes

HONOR ROLL ELITE

85% of applicable patients (AHASTR13)
Door-to-Needle ≤60 minutes

HONOR ROLL ELITE PLUS

75% of applicable patients & 50% of applicable patients
Door-to-Needle ≤45 minutes Door-to-Needle ≤30 minutes (AHASTR49) (AHASTR48)

HONOR ROLL ADVANCED THERAPY

50% of applicable patients

Door-to-Device ≤90 minutes for Direct Arriving Patients & ≤60 minutes for Transfer Patients (Within 6 hours or 24 hours) (AHASTR14 & AHASTR15)

November 2023 | www.Heart.org/quality



Thank You



Pat Aysse, MSN, RN

Program Consultant, Health Care Quality

Pat.Aysse@heart.org

843-860-4963