

# NOTES

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## Stroke Coordinators' Call May 22, 2024 2:00 pm – 3:00 pm

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### I. Welcome and Introductions

### II. Join the Stroke Advisory Council:

- Quarterly meetings, work groups, monthly Updates, website [startwithyourheart.com](http://startwithyourheart.com), [Stroke System of Care](#)
- **Upcoming dates:**
  - June 13, 1-2:30 virtual via Teams where Northern Regional Hospital's stroke team will describe their work with EMS to improve stroke care and with family medicine to identify and address Social Drivers of Health. Join us to learn how this stroke program serves Surry County and its neighboring counties. [Click here to join the meeting](#)
  - **September 25, 2024 in-person at Atrium Health in Charlotte.** We will also hold an **in-person Stroke Coordinators meeting** in conjunction with this Stroke Advisory Council meeting. More details to come.

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### III. Business/Housekeeping:

- **Next call: June 26, 2024, 2-3 pm.** AHA/ASA released “2024 AHA/ASA Performance and Quality Measures for Spontaneous Intracerebral Hemorrhage”. <https://www.ahajournals.org/doi/epdf/10.1161/STR.0000000000000464>. We will host a panel to lead a discussion with the larger group to see what ideas sites have for improving prehospital recognition of Hemorrhagic Stroke, trends with EMS in these patient groups (such as Altered Mental Status), review data, and other ideas sites have for looking at these Quality Measures.
- **Thank you to** Eli Johnson for forwarding the topic and agreeing to sit on the panel to facilitate our discussion. Thank you to Michelle Comp and Erin Lewis for volunteering to help on the panel as well. Pat Aysse from AHA will share AHA's work around the ICH patient and Systems of Care and assist in answering questions. Everyone, bring your thoughts, ideas, and questions.
- **Reminder:** We now have all SC call slides, notes, and recordings on our website. Follow this [LINK](#)

#### Requests:

- **Action Items:** We are still trying to put together a small planning committee for future Stroke Coordinator Calls. Terri's contract ends June 30<sup>th</sup> and Anna Bess would like some help from the group in coordinating and facilitating. Please email Anna Bess if you are interested.
- **Send** ideas for topics or speakers, stroke coordinator contacts list updates, and information on support groups to Anna Bess Brown at [anna.brown@dhhs.nc.gov](mailto:anna.brown@dhhs.nc.gov)

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### IV. Presentation:

- **Thanks again to our April Panelists** Lucinda McLean (Stroke/STEMI Coordinator, Columbus Regional Healthcare System), Nicole Funk (Stroke Nurse Coordinator, Onslow Memorial Hospital), and Michelle Gerolemon (Patient Navigator Stroke Program, WakeMed Health and Hospitals) who provided information about strategies employed at their hospitals for increasing #s of stroke patients coming to the hospital via EMS, reducing private owned vehicle (POV) arrivals.
- **Please see the recording** for the presentations and discussion. **Questions & Answers** from the discussion can be found at the [LINK](#) to the SC calls.
- **May Panel & Membership Discussion:** A discussion around “Celebrating Stroke Awareness Month in May” was led by presentations from Amber Carter, Clinical Quality Coordinator/Stroke-GWTG Registry, Cone Health; Haley Brennan, Regional Stroke Coordinator, Novant Health, Huntersville and Mint Hill Medical Centers; and Caitlin Hughey, Accreditation & Certification Coordinator, UNC Health Blue Ridge. Following were questions from the group and other ideas shared. Please see the meeting recording for the rich discussion. The slide deck from the presenters is also posted to the Stroke Coordinator call page [LINK](#).
  - **Following the meeting** Amber Carter shared the link to this Cone Health “Stroke Segment” from WFMY News 2. <https://www.youtube.com/watch?v=egcqgckZ7c>

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### V. Topics for Future Calls:

- Optimist Main (low frequency vital sign/neuro check monitoring)
  - Community Assessments
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- Disparities/Gaps in Care
  - EMS Education - cost effective, efficient
  - Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
  - Improvements for Door In - Door Out Times
  - Success with low DIDO times for LVO patients - especially in rural hospitals
  - Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices
  - Stroke Response Team: Successes and Lessons Learned
  - Improving Neuro Assessment Completion
  - Best Practices in transitional care after discharge
  - Community Resources
  - Stroke Awareness Month events/activities
  - Funding & tracking success of programs to provide BP cuffs
  - Stroke System of Care in NC (and compare to other states)
  - Community Paramedicine- utilizing, best practices, connecting
  - Stroke scanning, diagnosis and treatment in obese patients
  - Use of a QR code to share data with EMS or any other outside (of your facility) group. Other data sharing methods.
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