

STROKE ADVISORY COUNCIL MEETING MINUTES

Cardinal Room, Division of Public Health

Thursday, November 1, 2018

1:00 PM - 3:00 PM

Members/Partners

Present: Peg O'Connell, Chair, Fuquay Solutions; Chuck Tegeler, Vice-Chair, Wake Forest Baptist Health (WFBH); Wally Ainsworth, NC Office of Emergency Medical Services; Leandra Blevins, SAS; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force (JWHDSPTF); Nicole Burnett, UNC Healthcare Comprehensive Stroke Center; Wayne Cascio, EPA; Shannon Chesney, Duke Regional Hospital; Alicia Clark, Division of Public Health (DPH), Community & Clinical Connections for Prevention & Health (CCCPH); Kevin Coleman, Triangle Aphasia Project (TAP); Windy Cunningham, Intern, Florida A&T; Elle Evans Peterson, DPH, CCCPH; Rizza De la Guerra, Johnson & Johnson; Heather Forrest, Duke; Ben Gill, TAP; Jennifer Greene, Genentech; Michele Horvath, Vidant Health; David Huang, UNC Healthcare Comprehensive Stroke Center; Amy Ising, NC DETECT; Sarah Jacobson, American Heart Association (AHA); Susan Kansagra, DPH, Chronic Disease and Injury Prevention Section (CDIS); Sean Kaye, EMS Performance Improvement Center; Hervy Kornegay, NCAREMS; Monique Mackey, NC AHEC; Lauren Macko, Atrium Health/Carolina Healthcare Systems; Jamila Minga, NC Central University; Wanda Moore, JWHDSPTF member; Brett Parkhurst, Genentech; Jeana Partington, Alliant Quality; Joey Propst, JWHDSPTF member; Sharon Rhyne, DPH, CDIS; Wayne Rosamond, UNC; Jordan Sheets, Vidant; Wayne Sullivan, Janssen; Cathy Thomas, DPH, CCCPH; Carey Unger, Duke; Betsy Vetter, AHA; Haley Wetmore, Medtronic; Gwen Wise-Blackman, Minority Women Health Alliance

By phone: Andrew Asimos, Atrium/CHC; Sylvia Coleman, COMPASS Study; Ashley Elks, Vidant; Abby Fairbank, AHA; Ed Jauch, Mission Health; Amy Jones, Novant Health Forsyth; Robin Jones, Mission Health; Sanga Krupakar, DPH, CCCPH; Nicole Miller, UNC Asheville Center for Health and Wellness; Karen Norman, Novant Health Forsyth; Mehul Patel, UNC Dept. of Emergency Medicine; Nilam Patel, Duke; Mone't Sims, AHA

Welcome, Introductions and Approval of August 10, 2018 Minutes

Chair Peg O'Connell welcomed all including new members **Ben Gill**, **Hervy Kornegay**, and **Wally Ainsworth**. Ben comes from the Triangle Aphasia Project, Dr. Kornegay is newly appointed by NC Association of Rescue and Emergency Medical Services, Wally has been coming to meetings representing North Carolina Office of Emergency Medical Services. New members will be voted in at the next Task Force meeting Dec. 12. Peg also introduced and thanked Windy Cunningham, a DrPH student at Florida A&M University, our new intern, who'll be assisting with the hospital survey and with identifying resources for communities in the northeast where the Stroke Prevention Campaign will air.

Peg invited attendees to introduce themselves and share one project they're currently working on. David Huang made a motion that the minutes from the August 10, 2018 meeting be approved as submitted, Chuck Tegeler seconded, and the minutes were approved unanimously.

NC DETECT

Amy Ising, Program Director for [NC DETECT](#) (NC Disease Event Tracking and Epidemiologic Collection Tool), gave a presentation on NC DETECT including its history and data elements collected. She noted that NC DETECT would like to expand the use of stroke data for analysis. She explained that they can work with hospitals to do manual chart reviews if conflicts exist in the data. She said that when she compared stroke mortality data in the latest stroke burden document to their map of stroke ED visits, she noted they're similar. She offered to run reports to support work of the Council. See her slide presentation.

NC Stroke Care Collaborative

Wayne Rosamond, UNC Gillings School of Public Health, presented a brief history of the Stroke Care Collaborative (originally known as the Stroke Registry) and its mission. He explained that the Stroke Registry was a joint effort with CDC and AHA before Get With The Guidelines. He noted that the data elements are constantly changing. In 2001 two hospitals participated in a pilot. In 2003 11 hospitals enrolled; by 2015 54 hospitals entered data on a daily basis, 26 of them through GWTG. The Registry has not been updated since funding ended in 2015. Wayne explained that the Registry needs a new data acquisition model and that the Registry that was built is no longer sustainable. See his slide presentation.

Proposal to NC HealthConnex

Anna Bess announced that the CCCPH branch at DPH has been working to establish a Diabetes Registry with NC Health Connex (NC's Health Information Exchange), and she submitted a proposal on behalf of SAC to NC HealthConnex to develop a Stroke Registry. They seem interested and have invited SAC to present the Stroke Registry proposal November 13. Dan Miller, formerly with SAC and working with NC HealthConnex, attended the 8/10/18 SAC meeting, and his colleague Leandra Blevins is here today. Demographic and clinical information pertaining to health care services rendered to Medicaid, State Health Plan and other state-funded health care program beneficiaries and paid for with state health care funds are required by law to enter data into the HIE.

Developing a Stroke System of Care Plan

Peg O'Connell explained that SAC will develop a Stroke Systems of Care Plan in 2019 to guide us as we align and act on our work. Our goal is to link communities and health systems with prevention, sustainability and increased capacity in stroke care. This Plan will guide our efforts to increase access to care; to increase quality and coordinated care; to enhance post-stroke care; and to prevent strokes.

Work groups will provide input on priorities and strategies, and SAC members and partners will review and provide feedback at quarterly meetings. Each work group is recommending two members to serve on the Plan Development Team. Meanwhile, work groups are working on their particular projects. Peg invited everyone to join a work group and dig in. Everyone will have opportunities to review the Plan at each SAC meeting as it is being developed. By the end of 2019, we will have a Plan.

See the Developing the Stroke Care Plan diagram (slide 3) in the SAC meeting slides.

Overreact2Stroke Urgency Campaign

Brett Parkhurst, Genentech, presented information on the **Overreact2Stroke Urgency Campaign**. This campaign educates family, friends and coworkers on the signs they may notice when another is experiencing a stroke. See the presentation and visit overreact2stroke.com for materials to help spread the word. The videos and materials posted on the website are available to download and use.

Reports from Work Groups

Prevention and Community Awareness

New co-chairs Gwen Wise-Blackman and Sarah Jacobson briefed attendees on the outcomes of the recent meeting and priorities for the 2019 Plan. The overarching priority is to get the message of stroke prevention to communities at risk and especially to those in northeastern NC. The Community and Clinical Connections for Prevention and Health branch will launch a Stroke Prevention Campaign in spring 2019. The work group is currently gathering resources in order to link to community programs in northeastern NC; please share your northeastern NC community resources, partners and programs with the work group.

Integrating and Accessing Care

David Huang, co-chair, shared that the work group is developing a survey to help us understand the stroke capabilities of hospitals. The last hospital survey was conducted in 2008. The group is working with Mehul Patel at UNC Dept. of Emergency Medicine. Stroke data from all hospitals is key to understanding our

statewide system of stroke care. Currently the group is identifying a stroke contact person at each hospital who will serve as our point person for information from that hospital. The work group is also developing a slide set for provider education on stroke care; the presentation will contain a uniform message. We will ask each hospital to commit to provide education at a community hospital.

Post-Stroke Health

Sylvia Coleman, co-chair, reported that at the 10/9/18 meeting, the work group learned of the development of the stroke system of care Plan. The white paper on the Stroke Systems of Care coming out this month from AHA can inform the SAC Plan. Priorities put forward by the workgroup include understanding and promoting Medicaid benefits; the group is requesting a representative from DMA to participate. The DHHS RFA on Medicaid Transformation includes all USPSTF recommendations for prevention of CVD. The work group recommends an analytics team be part of establishing a Stroke Registry within NC HealthConnex, the NC HIE (Health Information Exchange). Another priority is to institute one phone number for stroke patients to call as they navigate the care continuum.

Betsy Vetter thanked Susan Kansagra, CDI Section Chief; Sharon Rhyne, Deputy CDI Section Chief; and Cathy Thomas, CCCPH Manager for their support and work toward getting USPSTF recommendations for the prevention of CVD included in Medicaid Transformation.

Honoring Betsy Vetter

Peg recognized **Betsy Vetter** for her service to the Council, the Task Force and the wider advocacy community. Peg then invited comments from attendees as well. Betsy is now serving in a national role as Field Grassroots Coordinator for American Heart Association.

Chair Peg O'Connell thanked Genentech for providing the reception and adjourned the meeting.

Next Meetings:

The next **Justus-Warren Heart Disease and Stroke Prevention Task Force** meeting is **12/12/18** from 1-3 P.M. in the Legislative Building.

2019 Stroke Advisory Council meetings:

- **February 28, 2019** from 10 am-12 noon, Division of Public Health campus, Cardinal Room (Building 3), 5605 Six Forks Rd., Raleigh, NC 27609
- **May 1, 2019** from 11 am to 1pm, Vidant Health, Greenville
- **August 8, 2019** from 10 am to 12 noon, Division of Public Health campus, Cardinal Room (Building 3), 5605 Six Forks Rd., Raleigh, NC 27609
- **November 1, 2019** from 10 am to 12 noon, Division of Public Health campus, Cardinal Room (Building 3), 5605 Six Forks Rd., Raleigh, NC 27609