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NC Stroke Coordinator presentation resources/references list

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Internet Resources:

American Stroke Association www.stroke.org

American Stroke Foundation <https://americanstroke.org>

Aphasia Nation without borders <https://aphasianation.org>

Believe Stroke Recovery Foundation www.believesrf.org

Brain Aneurysm Foundation www.bafound.org

Know Stroke Podcast www.know-stroke.org/knowstrokepodcast

NC Heart Disease and Stroke Prevention www.startwithyourheart.org

Stroke Buddies Virtual support group <https://strokebuddies.org/>

Spokes Fighting Strokes <https://www.spokesfightingstrokes.org/>

TAP (Triangle Aphasia Project) virtual programs serve all in North Carolina
<https://www.aphasiaproject.org/>

United Stroke Alliance www.unitedstrokealliance.org

World Stroke Organization www.world-stroke.org

References:

Nursing's Role in Successful Stroke Care Transitions Across the Continuum: From Acute Care Into the Community
Stroke. 2021;52:e794–e805. DOI: 10.1161/STROKEAHA.121.033938

Care Transition Interventions to Improve Stroke Outcomes: Evidence Gaps in Underserved and Minority Populations | Stroke (ahajournals.org)
<https://www.ahajournals.org/doi/abs/10.1161/STROKEAHA.122.039565?download=true>

WHO Technical Series on Safer Primary Care <https://apps.who.int/iris/handle/10665/252272>

Care Transition Interventions to Improve Stroke Outcomes: Evidence Gaps in Underserved and Minority Populations, Volume: 54, Issue: 2, Pages: 386-395, DOI: (10.1161/STROKEAHA.122.039565)

The Association of Rehabilitation Nurses has a detailed description of the PAC settings available at https://rehabnurse.org/uploads/membership/ARN_Care_Transitions-Levels_of_Care.pdf

NY Times Instagram Caregiver Rage accessed November 14, 2023

PATH-s Instrument | ARN (rehabnurse.org)

Assessing Family Caregivers using the PATH-s Instrument | ARN Learning Center (rehabnurse.org)

https://www.stroke.org/-/media/stroke-files/stroke-resource-center/recovery/patient-focused/stroke-discharge-list-for-patients-and-caregivers-ucm_463810.pdf

Haley WE, Roth DL, Hovater M, Clay OJ. Long-term impact of stroke on family caregiver well-being: a population-based case-control study. *Neurology*. 2015 Mar 31;84(13):1323-9

Heart Disease and Stroke Statistics – 2023 Update: *Circulation*. 2023; 147:e93-e621.

Jolie, et al. “The Continuum of Connectedness and Social Isolation during Post Stroke Recovery.” *Journal of Aging Studies*, JAI, 10 Jan. 2008,

<https://medrhythms.com/hope-post-stroke-stories-of-resilience-and-determination-from-the-stroke-survivor-community/>

Big Russ & Me: Father and Son Lessons of Life – from my personal library collection

https://www.goodreads.com/book/show/625647.Big_Russ_Me

Table 1. Resources for Nurses

National Transition of Care Checklist: https://static1.squarespace.com/static/5d48b6eb75823b00016db708/t/5d49bc833b48f80001f154bc/1565113475856/TOC_Checklist.pdf
Patient Education Materials Assessment Tool: https://www.ahrq.gov/health-literacy/patient-education/pemat.html
Teach-Back Method: https://www.ahrq.gov/patient-safety/reports/engage/interventions/teachback.html
Preparedness Assessment for the Transition Home After Stroke: www.rehabnurse.org/pathtool
Prehospital/EMS: https://www.heart.org/en/professional/quality-improvement/mission-lifeline/mission-lifeline-stroke
ASA Resource Library: https://www.stroke.org/en/professionals/stroke-resource-library
AHA Acute Ischemic Stroke Healthcare Professional Resources: https://www.stroke.org/en/professionals/stroke-resource-library/acute-ischemic-stroke-healthcare-professional-resource-page
Heart and Stroke Foundation of Canada: https://www.strokebestpractices.ca/resources/professional-resources
World Stroke Organization: https://www.world-stroke.org/professional
Stroke Certified Registered Nurse: https://abnncertification.org/scrn/about
Certified Registered Neuroscience Nurse: https://abnncertification.org/crn/about
Certified Registered Rehabilitation Nurse: https://rehabnurse.org/crn-certification/crn-certification

AHA indicates American Heart Association; ASA, American Stroke Association; and EMS, emergency medical service.