

Stroke Coordinators' Call

July 13, 2023

- I. Welcome and Introductions: type your name, role, and hospital in the Chat.
- II. Join the Stroke Advisory Council
 - Quarterly meetings, work groups, monthly Updates, website startwithyourheart.com
 - [Stroke System of Care](#)
 - Next SAC meeting Aug. 8 in Raleigh. Email Anna Bess anna.brown@dhhs.nc.gov to reserve your spot in person, or join virtually on Teams. Noon-1 lunch and documentary, "RHD Hidden Diagnosis," about right hemisphere disorder; meeting 1-2:30.
 - Welcome, those new to stroke or new to your role as stroke coordinator. Role of the Stroke Coordinator by Robin Jones posted August 19, 2021 <https://www.startwithyourheart.com/stroke-advisory-council/sac-meetings/>
- III. Purpose of Stroke Coordinator Calls
 - Build community
 - Make connections to people working in your region and to those doing similar jobs or in similar hospitals or systems. See this group as a resource for support, protocols, lessons learned, etc.
 - Overall to support you in your work and to improve stroke care
 - We welcome any stroke nurse or stroke coordinator who would like to join these calls. Send Anna Bess contact info with staff changes. Calls not mandatory for those in the Coverdell Program. Voluntary. Topics and agendas will be generated from you. This is your call. We want you to call in when you can when there's a topic of interest.
 - Will send brief notes after calls for follow up and in case you miss the call.
- IV. Brief Review of Clinical Practice Guidelines: importance of developing stroke coordinators' and nurses' roles-Sue Ashcraft, DNP, APRN Novant Health
 - BEFAST community education
 - Disparities-keep working to close the gap
 - Educate EMS
 - Highly skilled nurses accepting EMS calls should trigger stroke alert.
 - Ongoing stroke education should be required for all triage staff.
 - Three nursing papers emphasized the importance of handoff communication:
<https://professional.heart.org/en/science-news/2021-update-care-of-the-patient-with-acute-ischemic-stroke>
 - After the procedure, monitor for access site complications and neurovascular compromise and conduct neurovascular post-procedural assessment
 - Transitions of Care: Understand the goals of care of the patient and family

Hour-long webinar and slides posted on our website under August 16, 2022:
<https://www.startwithyourheart.com/stroke-advisory-council/sac-meetings/>

V. Brainstorm Topics for Future Calls

Needs, challenges, barriers-see spreadsheet.

What resources are most helpful?

Please let Anna Bess know if you have a best practice or recent lesson learned you'd like to share with the group or a presenter to recommend.

Discussion

The group would like to compile a list of stroke support groups.

ECU Health (as part of the Coverdell Stroke Program) has implemented a curriculum and created a video for 3rd-5th graders on s/s of stroke and BEFAST. Feel free to use the materials: <https://www.startwithyourheart.com/stroke-awareness-matters/>

Topics

- Community Education
- Optimist Main (low frequency vital sign/neuro check monitoring)
- Community Assessments
- Disparities/Gaps in Care
- EMS Education - cost effective, efficient
- Stroke Support Groups including activities that SSG do to engage their stroke survivors and caregivers (important) and ideas for more large scale advertising
- Improvements for Door in - Door Out Times
- Strategies for increasing #s of Stroke Patients coming to the hospital via EMS, reducing privately owned vehicle (POV) arrivals including impact on hospital triage practices.
- Stroke Response Team: Successes and Lessons Learned
- Dysphagia Screening and Risk Factor documentation
- Improving Neuro Assessment Completion
- Best Practices in transitional care after discharge
- Community Resources
- Consistent way to document and educate around personal risk factors
- Stroke Awareness Month events/activities
- Funding & tracking success of programs to provide BP cuffs
- Stroke education to patients
- Share stroke education in NC
- Stroke System of Care in NC (and compare to other states)
- Community Paramedicine- utilizing, best practices, connecting

Decisions

- The group gave permission to record calls.
- The group welcomes Pat Aysse with AHA to join these calls.
- The group decided to share the list of stroke coordinators and their email addresses.

Action Items

- Review the list of stroke coordinators and send corrections and additions to Anna Bess anna.brown@dhhs.nc.gov
- Send information on support groups to Terri Moore terri.moore@dhhs.nc.gov
- Send ideas for topics or speakers to Anna Bess anna.brown@dhhs.nc.gov

Other News

Research study to identify resources and processes associated with optimal LVO care nationally. 10 minutes. If you didn't receive the request to participate in the study and are interested, contact Dr. Laura Stein at Mt. Sinai: Laura.Stein@mssm.edu or 212-241-1443.