

## **STROKE ADVISORY COUNCIL MEETING MINUTES**

Tuesday, July 19, 2016 12:00 PM - 1:00 PM

American Heart Association

3131 RDU Center Drive, Suite 100, Morrisville, NC

### **Members/Partners:**

Karen McCall, UNC Healthcare Communications & Marketing; Peg O'Connell, Fuquay Solutions; Abby Fairbank, American Heart Association; Betsy Vetter, American Heart Association; Sarah Jacobson, American Heart Association; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force; Cathy Thomas, NC Division of Public Health; Alicia Clark, NC Division of Public Health; Donna Beaman, Wilson Medical Center; Leighann Sauls, Alliant Quality; Pam Duncan, Wake Forest Baptist Medical Center; Ryan Swanson, Blue Cross Blue Shield; Ron Cromartie, Innovative HealthCare Consulting; David Huang, MD, UNC Comprehensive Stroke Center; Sherée Vodicka, YMCA; Carmen Graffagnino, MD, Duke Comprehensive Stroke Center; Monique Mackey, NC AHEC Program; Kunal Thakur, American Heart Association; Chelsea Yu, American Heart Association.

### **Members/Partners by Phone:**

Haley Wetmore, Medtronic; Stephanie Ebert, Medtronic; Robin Jones, Mission Health System.

### **Welcome, Introductions and Approval of April 16, 2015 Meeting Minutes**

Karen McCall, co-chair, welcomed Carmen Graffagnino, MD from Duke Comprehensive Stroke Center; and attendees introduced themselves.

Ron Cromartie made a motion that the minutes from the April 16, 2015 meeting be approved as submitted; the minutes were approved with no corrections.

Acknowledging the impact of the Justus-Warren Heart Disease and Stroke Prevention Task Force (JWTF) and the Stroke Advisory Council on the establishment of the framework for how NC deals with stroke, participants discussed their priorities for the Stroke Advisory Council:

### **Stroke Advisory Council Priorities**

#### **Prevention**

1. Focus on **primary prevention** to prevent stroke; decrease tobacco use and increase physical activity and healthy eating; seek funding for prevention interventions.
2. Increase **awareness** of the need to call 911 to shorten time to treatment for acute stroke. Seek funding for awareness activities; consider health literacy and priority populations in education efforts.
3. Stress **secondary prevention**; explain the link between high blood pressure and stroke.

#### **Access to Care**

4. Increase **access** to healthcare; support Medicaid expansion, Care4Carolina.

5. Address the needs of the working poor who cannot afford **insurance** and of the insured who cannot afford co-pays and other costs.

### **Stroke Registry**

6. Integrate the Stroke Registry with larger reporting systems and **seek funding** for the Registry.

### **Partner and Promote**

7. **Partner** with groups to increase awareness of stroke symptoms and treatment options; partner with community and faith-based groups.
8. Develop and maintain a stroke **resource directory**; connect patients to community resources.
9. Engage **pharmacy staff** with education, adherence, and blood pressure checks.
10. Increase use of **public health nurses and community health workers**.

### **EMS/Getting to Care**

11. Optimize **stroke systems of care** for acute treatment and service.
12. Update and disseminate **EMS Triage Destination Plans**.

### **Care and Care System**

13. Improve **communication** between hospital systems and primary care providers for patients who have received care for strokes.

### **Post-Stroke Care**

14. **Post-acute stroke care**: integrate acute/post-acute services for secondary prevention, recovery, health, and medication management; ensure quality metrics.

### **Announcements**

Peg O'Connell, co-chair, announced that Betsy Vetter of the American Heart Association has received the NC Stroke Association's Stroke Heroes Advocating Prevention and Education (SHAPE) award. The award honors health care providers and advocates who have demonstrated extraordinary commitment and passion for stroke prevention and education in North Carolina. The official presentation of the SHAPE award will take place November 22.

Following the meeting, the group watched the CDC Public Health Grand Rounds: Mind Your Risks and Act FAST to Prevent and Treat Strokes which featured NC's own Cheryl Bushnell, MD, MHS, Professor of Neurology & Director of the Comprehensive Stroke Center at Wake Forest Baptist Medical Center. You may access this archived webinar [here](#).

### **Closing Remarks and Adjournment:**

Karen McCall thanked all for their ideas and expressed the urgency of coordinating and collaborating with JWTF on action plans.

Anna Bess encouraged attendees to turn in their priority lists for compilation and use in setting the goals and agenda for the future, and she asked participants to keep their suggestions coming.

**Save the Dates**

The next Stroke Advisory Council meeting will be held **October 13 from 10 AM-1 PM** at the American Heart Association with lunch provided by Medtronic. The purpose of this meeting will be to finalize priorities.

The Stroke Advisory Council will meet again from **1-2 PM November 22** at the UNC Center for School Leadership Development following Betsy's award celebration luncheon. We will hear a presentation from Ali Zomorodi, MD, Medical Director of the Duke Raleigh Skull Base and Cerebrovascular Center, on the latest in stroke treatments. **Please plan to join us.**