

## **STROKE ADVISORY COUNCIL MEETING MINUTES**

Wednesday, November 1, 2017, 1:00-3:00 PM  
Cardinal Room, DPH

### **Members/Partners**

**Present:** Karen McCall, Chair, UNC Healthcare Communications & Marketing; Peg O'Connell, Vice Chair, Fuquay Solutions; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force (JWHDSPTF); Vonda Cogdell, Vidant Medical Center (VMC); Sylvia Coleman, COMPASS Study, WFBMC; Rick Dalyai, (VMC); John Dugan, American Heart Association (AHA); Shae Earles, UNC Rex; Matthew Ehrlich, Duke; Ashley Elks, VMC; Sharon Eshet, UNC Medical Student; Abby Fairbank, AHA; Brian Forrest, Academy of Family Physicians; Sonya Games, VMC; Sara Ginn, Wayne UNC Health Care; Jennifer Greene, Genentech; David Huang, UNC Health Care Comprehensive Stroke Center; Mike Hyder, Janssen; Sarah Jacobson, AHA; Robin Jones, Mission Health; Jim Martin, DPH Tobacco Prevention and Control (TPC); Karen Norman, Novant Health FMC; Carla Obiol, Care4Carolina; Brett Parkhurst, Genentech; Joey Propst, JWHDSPTF member; Sharon Rhyne, CDI; Jordan Sheets, VMC; Sherry Shepard, Columbus Regional Healthcare System; Maura Silverman, Triangle Aphasia Project; Jen Sohl-Marion, DPH; Wayne Sullivan, Janssen; Chuck Tegeler, Wake Forest Baptist Health; Jackie Thompson, UNC Rex; Haley Wetmore, Medtronic; Ashley Wilson, Columbus Regional Health System; Gwendolyn Wise-Blackman, Minority Women Health Alliance

**By phone:** Sue Ashcraft, Novant Health; Barb McGrath, First Health of the Carolinas; Tammy Johnson, Carolina East Health; Lorie Ann Meek, Duke Telestroke and Subspecialty; Wanda Moore, JWHDSPTF member

### **Welcome, Introductions and Approval of August 11, 2017 Meeting Minutes**

Karen McCall, chair, welcomed everyone; and attendees introduced themselves.

Peg O'Connell made a motion that the minutes from the August 11, 2017 meeting be approved as submitted, Chuck Tegeler seconded, and the minutes were approved unanimously.

Chair Karen McCall announced that she will retire in December. Peg O'Connell, current vice-chair, will step up to fill the chair position and Chuck Tegeler will serve as vice-chair for the Stroke Advisory Council beginning in 2018.

### **Action Agenda Update**

Peg O'Connell provided an update on Action Agenda proposals made at the October 25<sup>th</sup> Justus-Warren Heart Disease and Stroke Prevention Task Force meeting. The Task Force voted on the following action agenda items:

- Endorse the request for \$3 million in recurring funding to expand tobacco cessation services including funding for QuitlineNC.
- Endorse the request for \$7 million in recurring funding for tobacco use prevention.
- Endorse Care4Carolina's efforts to close the health insurance gap and recommend that Task Force members sign the C4C resolution.
- Support American Heart Association/American Stroke Association efforts to assure coverage of all cardiovascular-related US Preventive Services Task Force A and B preventive services for all Medicaid enrollees with no or minimal cost sharing.
- Support the request for \$3,180,887 in recurring funding for the Expanded Food and Nutrition Education Program (EFNEP).

See the complete [2018 Action Agenda](#).

### **Closing the Insurance Gap**

Carla Obiol, Executive Director, Care4Carolina presented on the health insurance gap in NC and the need to close it. She asked the Council to endorse Care4Carolina efforts, to sign the resolution, and to attend monthly coalition meetings. She also encouraged individual members and their respective agencies to sign the resolution. David Huang commented that after a person has stroke, that person is eligible for Medicaid which pays for hospitalization. Peg commented that many veterans do not have health insurance and are in the gap. Carla referenced a [paper](#) by Dr. Mark Hall on Medicaid Costs in North Carolina. Carla also acknowledged that there are several programs across the state that help citizens pay premiums but that C4C wants a solution that gives full coverage for everyone in the gap. Carla commented that NC cannot wait to see what happens with insurance on the federal level; C4C is committed to finding a solution for the 400,000 uninsured in NC.

[Carolina Cares, HB 662](#), introduced by four Republican lawmakers, promotes a health insurance program that is an alternative to Medicaid expansion; the bill stalled last session. Carla noted that C4C is pleased that this legislation indicates that members of the General Assembly are seeking solutions to give people full coverage. O'Connell motioned that the Stroke Advisory Council sign the C4C resolution, David Huang seconded, and the motion passed unanimously. For more information and to sign the resolution see [care4carolina.com](#)

### **We Didn't Know What We Didn't Know: the Mission Health Comprehensive Stroke Center Story**

Robin Jones, Stroke Program Manager with Mission Health, presented the care process model (CPM) work Mission has done with their system for stroke care. Mission uses a continuum of care approach that incorporates education for professionals and the public, standardized protocols, orders, documentation, continuous quality improvement, and data reporting. Robin spoke about Mission's growth to the next level of care as a COMPASS site. Between 2015 and 2016 Mission saw a reduction in mortality, and door-to-neurologist time dropped dramatically as did door-to-tPA time. Mission's slogan is **Be Well. Get Well. Stay Well** which emphasizes prevention, care and after-care. See Robin's full slide [presentation](#).

### **Aphasia Programming: Marrying Life Participation Approaches with Neuroplasticity**

Maura Silverman, Founder and Director of the Triangle Aphasia Project Unlimited (TAP), presented on the work and growth of this community-based nonprofit organization that helps individuals with aphasia, their families and friends, and the community as a whole. Maura shared that 92 percent of people with aphasia consider themselves socially isolated, and 70 percent never return to work or recreational activities. See Maura's slide [presentation](#) with an embedded video. For information and to support Triangle Aphasia Project, see the TAP website [aphasiaproject.org](#).

### **Work Group Reports**

Work group reports were tabled as presentations and discussion ran long. Karen encouraged work groups to meet before the next Stroke Advisory Council meeting which is slated for February 28, 2018.

### **Honoring Karen McCall**

Peg, Dr. Huang and Anna Bess thanked Karen McCall for her dedication and service as a Task Force member and as a founding member of the Council and as its only Chair. Karen responded with gratitude and noted that she felt called to be involved and she stressed how important it is to give hope to stroke survivors.

### **Next Meeting:**

**February 28, 2018 11 AM-1 PM** Cardinal Room, Building 3, 5605 Six Forks Rd., Raleigh, NC 27609

