

## **STROKE ADVISORY COUNCIL MEETING MINUTES**

Embassy Suites, 9 Estell Lee Place, Wilmington NC

Thursday, August 8, 2019

11:00 AM - 1:00 PM

### **Members/Partners**

**Present:** Karen Benton, QI Coordinator, New Hanover Regional Medical Center (NHRMC); Blaise Bolan, NHRMC; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force (JWHDSPTF); Jake Butts, Intern, NHRMC; Alicia Clark, Division of Public Health (DPH), Community & Clinical Connections for Prevention & Health (CCCPH); Arnett Coleman, Old North State Medical Society; Kevin Collopy, NHRMC; Tom Curley, Interim Manager, Stroke Services at NHRMC; Tommy Doss, NHRMC; Pamela Duncan, Principal Investigator, COMPASS Study; Ashley Elks, Vidant Health; Heather Ellis, Bladen County EMS; Jennifer Erwin, stroke survivor caregiver; Michael Erwin, stroke survivor; Abby Fairbank, AHA; Heather Forrest, Duke; Neta Greenlief, NHRMC; Stuart Johnson, Vidant Health; Katie Knowles, Vidant Duplin; Kerry Lamb, NHRMC; Barbara Lutz, COMPASS, UNC Wilmington; Barbara McGrath, FirstHealth of the Carolinas; Ashley Miller, AHA New Hanover; Lisa Monk, IMPROVE Stroke, Duke Clinical Research Institute; Wanda Moore, JWHDSPTF; Amber Price, Portola; Kristy Reese, Stroke Coordinator, NHRMC; Birtha Shaw, Diabetic Supply; Mysha Sissine, Project Manager, COMPASS; Wayne Sullivan, Janssen; Ryan Sullivan, Janssen; Chrissy Webb, NHRMC; Gwen Wise-Blackman, Minority Women Health Council; Erika Yourkiewicz, NHRMC

**By phone:** Melanie Blacker, FirstHealth; Nicole Burnett, UNC Healthcare Comprehensive Stroke Center; Sylvia Coleman, COMPASS; Ed Jauch, Mission Health; Robin Jones, Mission Health; Sara Jones, COMPASS; Nicole Miller, UNC Asheville; Jeana Partington, Alliant Quality; Betsy Vetter, AHA/ASA

### **Welcome, Introductions and Approval of May 1, 2019 Minutes**

Anna Bess Brown, serving as meeting facilitator, invited attendees to introduce themselves and thanked New Hanover Regional Medical Center for hosting the meeting.

Arnett Coleman made a motion that the minutes from the May 1, 2019 Stroke Advisory Council (SAC) meeting be approved as submitted, Pam Duncan seconded, and the minutes were approved unanimously.

### **Hospital Survey**

Anna Bess presented an update on the stroke services survey of NC hospitals, thanked those who have completed the survey and encouraged others to do the same so the Council will have a complete picture of stroke services being provided across the state. The survey results will help SAC focus on training and technical assistance needs of any hospital that would like to strengthen its stroke services. Please address any survey questions to Anna Bess.

### **Stroke Care Plan Development**

Anna Bess thanked the Stroke Care Plan Development Team and shared that the Team first developed a **Directory of Resources** in four categories: **Stroke Prevention, Stroke Care, Post-Stroke Care and Advocacy** which is an overarching strategy. See the slides for details. Issues that need discussion by the Council will be taken to work groups and then presented to the full Council for discussion and action. The Stroke Care Plan will be shared at the next SAC meeting Nov. 14 in Raleigh.

### **Stroke Prevention Campaign**

**Small Steps, BRIGHT FUTURE**, our [Stroke Prevention Campaign](#), ran from April 15 - June 30, 2019 and created over 3.5 million impressions with strong click-through and engagement rates. The artwork and ads are posted on [startwithyourheart.com](http://startwithyourheart.com) and are available for download and sharing. Please share these materials via social media, your websites, or in other ways to educate the public on the steps they can take to prevent stroke. See slides for details.

### **Stroke Services at New Hanover Regional Medical Center**

Tom Curley, Stroke Center Manager, and Kristy Reese, Stroke Coordinator at NHRMC, shared the mission, demographics, program structure, code processes, data and process improvement, and education and outreach of the NHRMC stroke system of care and praised their community partners for their involvement in developing the system and providing the services within it. NHRMC achieved Comprehensive Stroke Center certification on July 10, 2019. See their presentation for more details.

### **Results from the COMprehensive Post-Acute Stroke Services (COMPASS) Study**

Pamela Duncan, Principal Investigator, shared the Phase I results of the study; Phase II will examine readmissions. Pam explained that 41 health systems/hospitals participated, and the study examined stroke patients discharged home in this pragmatic trial. Pam noted that only 36% of patients recognized hypertension as a stroke risk factor and that 37.9% failed a simple cognitive screen. Read about the Phase I results on the COMPASS [website](#). Barbara Lutz, Steering Committee member, described the study design; and Mysha Sissine, Project Manager demonstrated how to navigate the website [nccompass-study.org/](http://nccompass-study.org/) which officially launched August 8. The website has handouts for patient education, a searchable community Resource Directory, and training for providers and caregivers. The study has made a huge impact across NC and will continue to assist stroke survivors and their caregivers with lessons learned and resources from the study.

### **Interactive Stroke Recovery Guide**

Barbara McGrath, FirstHealth, presented each attendee with a copy of the Interactive Stroke Recovery Guide by Dr. Karen Sullivan, a board-certified neuropsychologist. Karen partnered with The Foundation of FirstHealth to print the guide. Dr. Sullivan's brain health education program, "I CARE FOR YOUR BRAIN" and the interactive guide aim to fill critical gaps in post-stroke care. You may reach Dr. Sullivan at [DrSullivan@ICFYB.com](mailto:DrSullivan@ICFYB.com) or 833-423-9237.

### **Closing**

Anna Bess Brown thanked New Hanover Regional Medical Center for hosting the meeting and sharing their work. She reminded everyone to share their resources, protocols and tools in support of the Stroke Plan and adjourned the meeting.

### **Next Meeting:**

The final **Stroke Advisory Council meeting** of 2019 will be **November 14, 2019** from **1 - 3 pm** at McKimmon Center, NC State University, 1101 Gorman Street, Raleigh. **Lunch** will be served at **noon** prior to the meeting.