

STROKE ADVISORY COUNCIL MEETING MINUTES

Vidant Medical Center, Greenville NC

Wednesday, May 1, 2019

11:00 AM - 1:00 PM

Members/Partners

Present: Peg O'Connell, Chair, Fuquay Solutions; Chuck Tegeler, Vice-Chair, Wake Forest Baptist Health (WFBH); Wally Ainsworth, NC Office of Emergency Medical Services; Sue Ashcraft, Novant Health; Tibor Becske, UNC Rex; Stephanie Bradbury, Chiesi; Anna Bess Brown, Justus-Warren Heart Disease and Stroke Prevention Task Force (JWHDSPTF); Nicole Burnett, UNC Healthcare Comprehensive Stroke Center; Alicia Clark, Division of Public Health (DPH), Community & Clinical Connections for Prevention & Health (CCCPH); Vonda Cogdell, Vidant Health; Arnett Coleman, Old North State Medical Society; Kevin Coleman, Triangle Aphasia Project; Pamela Cowin, Vidant Health; Windy Cunningham, Intern, Florida A&T; Natasha Drake, Vidant Neuroscience ICU; Shae Earles, UNC Rex; Ashley Elks, Vidant; Jennifer Erwin, stroke survivor caregiver; Michael Erwin, stroke survivor; Abby Fairbank, AHA; Heather Forrest, Duke; Jamie Gautier, Vidant; Sara Ginn, Wayne Memorial; Lakeisha Greenfield, Vidant Health; Catherine Hill, DPH, CCCPH; Michele Horvath, Vidant; Stuart Johnson, Vidant Health; Amy Jones, Novant Health Forsyth; Jennifer Jones, Vidant; Robin Jones, Mission Health; Joanna Keeter, Vidant Edgecombe; Katie Knowles, Vidant Duplin; Hervy Kornegay, NCCAREMS; Elizabeth Larson, Duke Raleigh; Erin Lewis, UNC Rex; Manju Markandaya, Director, Neuroscience, Vidant; Kristen Merritt, Duke; Kaili Nixon, Vidant Chowan; Alex Owens, Vidant; Jeana Partington, Alliant Quality; Joey Propst, JWHDSPTF member; Birtha Shaw, Central Carolina Hospital; Jordan Sheets, Vidant; Leanna Smith, Vidant; Linda Smith, Outerbanks Hospital; Andrea Stauffer, Outerbanks Hospital; Wayne Sullivan, Janssen; Cathy Thomas, DPH, CCCPH; Carey Unger, Duke; Tonya Whitaker, Onslow Memorial; Carrie Whitton, Vidant Neuroscience ICU; Heather Williams, Vidant Bertie and Chowan; Anderson Williamson, Vidant; Deryck Wilson, Vidant Neuroscience ICU; Amy Woolard, Vidant

By phone: Ron Cromartie, Innovative Health Consulting; David Huang, UNC Stroke Center; Janie Jaberg, Wayne Memorial; Barbara McGrath, First Health.

Members and guests were invited to tour Vidant Medical Center's Neuroscience arena prior to the meeting.

Welcome, Introductions and Approval of February 28, 2019 Minutes

Peg invited attendees to introduce themselves.

Chuck Tegeler made a motion that the minutes from the February 28, 2019 meeting be approved as submitted, Arnett Coleman seconded, and the minutes were approved unanimously.

Stroke Care Plan Development

Anna Bess Brown thanked the members of the Stroke Care Plan Development Team: Sylvia Coleman, Ashley Elks, Colin McDonald, Jo Malfitano, Nilam Patel, Shree Shah and encouraged work group members to populate the Plan with tools and resources. Anna Bess shared that **Small Steps, BRIGHT FUTURE**, our [Stroke Prevention Campaign](#), is running in eastern NC. The Campaign provides resources for steps that folks can take to prevent stroke. Check out the videos, radio spots and ads posted on startwithyourheart.com Please share the videos and ads via social media. See meeting slides for dates on the Plan development process and for upcoming work group meeting dates.

Strengthening the Stroke System of Care in Eastern NC

Ashley Elks, Director of Stroke and Neuroscience at Vidant Medical Center, presented the history and progress of the Stroke System of Care in eastern NC. See Ashley's presentation slides for details.

Stroke Support Network and Community Outreach and Education

Jordan Sheets, Stroke Support Network Lead at Vidant Medical Center, shared the experience of bringing stroke survivors and care providers together to share their journeys and build a community of support and encouragement for all. See Jordan's presentation for more details.

Transitional Care Program

Pamela Cowin, Administrator of Vidant Health's Transitional Care Programs, provided an overview of the programs and plans for its future. See Pamela's presentation for more details.

Closing

Chair Peg O'Connell thanked Vidant for hosting the meeting, providing a tour and sharing their work.

She reminded everyone to share their resources, protocols and tools in support of the Stroke Plan.

She provided an update on Care4Carolina's drive to have CEOs [endorse](#) their efforts to increase affordable health care in North Carolina. Individuals and agencies are also encouraged to [join](#) C4C's efforts by signing their resolution.

Peg thanked Medtronic for providing lunch and adjourned the meeting.

Next Meetings:

2019 Stroke Advisory Council meetings are scheduled as follows:

- **August 8, 2019** from 11 am to 1 pm, Embassy Suites Riverfront, Estell Lee Place, Wilmington
- **November 14, 2019** from 1 pm to 3 pm, Division of Public Health campus, Cardinal Room (Building 3), 5605 Six Forks Rd., Raleigh, NC 27609