



**Justus-Warren Heart Disease and Stroke Prevention Task Force  
Minutes for April 11, 2018 meeting**

Agenda Item	Discussion Points	Action Items
Meeting Attendees	<p><b>Members:</b> Senator Kathy Harrington, Co-Chair; Stephanie D. Austin (Fundraiser; daughter born with heart defect); Commissioner Sherry Butler (Catawba County); Beth Daniel (Associate Director of Medical Policy, DHHS Division of Medical Assistance); Carolyn Dunn (NC State); Mary Edwards (Program Manager, Consumer Affairs, DHHS Division of Aging and Adult Services); Nevill Gates (Internist); Ashley Honeycutt (Licensed Dietician/Nutritionist, UNC Rex Health); Kimberly Moore (VP, Marketing &amp; External Relations, NC Mutual Life Insurance); Wanda Moore (RN); Ruth Gilliam Phillips (Director, NCCU Student Health &amp; Counseling); Joey Propst (Stroke Survivor); Elizabeth Cuervo Tilson (Chief Medical Officer, NC DHHS); Sherée Vodicka (Licensed Dietician, Eat Smart, More More NC); Representative Larry Yarborough.</p> <p><b>Partners:</b> Wally Ainsworth (NC OEMS), Khashana Blake (Approved Low Sodium Option), Anna Bess Brown (Task Force Exec. Dir.), Alicia Clark (DPH CCCPH), Sylvia Coleman (COMPASS Study), Chase Freeman (Sen. Harrington's office), Sara Ginn (Wayne UNC Healthcare), Morgan Gramann (NC Alliance for Health), Greg Griggs (NCAFP), Matt Gross (DHHS), Sally Herndon (DPH TPCB), Angela Hollis (Transitions LifeCare), Sarah Jacobson (AHA), Susan Kansagra (DPH CDI), Essete Kebede (Speaker, DPH CCCPH), Sanga Krupakar (DPH CCCPH), Paola Learoyd (Global Healthy Living Foundation), Monique Mackey (NC AHEC), Jim Martin (Speaker, DPH TPCB), Peg O'Connell (Speaker, Stroke Advisory Council Chair), Senator Louis Pate, Jeana Partington (Alliant Quality), Jaime Pearce (Johnston Co Public Health), Sharon Rhyne (DPH CDI), Melissa Rockett (Johnston County Public Health), Meghan Rodman (WFBH), Wayne Sullivan (Janssen), Cathy Thomas (DPH CCCPH), ShaCoria Winston (NC DPH).</p>	List of members posted at <a href="http://startwithyourheart.com/Justus-Warren/Members">startwithyourheart.com/Justus-Warren/Members</a>
Welcome and Introductions Senator Kathy Harrington, Co-Chair	Senator Harrington called the meeting to order at 1 PM and welcomed everyone. She invited Task Force members and guests to introduce themselves.	Minutes posted at <a href="http://startwithyourheart.com">startwithyourheart.com</a>
Approval of October 25, 2017 Minutes	Sherée Vodicka motioned for approval of the October 25, 2017 minutes as submitted. Carolyn Dunn seconded the motion. The motion passed with no opposing votes or abstentions.	Oct 25, 2017 minutes posted to <a href="http://startwithyourheart.com/Meetings/JWTF_Meetings.php">http://startwithyourheart.com/Meetings/JWTF_Meetings.php</a>

Action Agenda Update 2018 Anna Bess Brown, Executive Director	Anna Bess Brown reviewed the <a href="#">2018 Action Agenda</a> that the Task Force voted on at the October 2017 meeting. The short session begins May 16, 2018. Members are encouraged to visit the Care4Carolina (C4C) website <a href="https://care4carolina.com/take-action/">https://care4carolina.com/take-action/</a> to sign the C4C resolution.	Speaker presentations posted at <a href="http://startwithyourheart.com/Meetings">startwithyourheart.com/Meetings</a>
Stroke Advisory Council Report Peg O'Connell, Chair	Peg reported on the work of the three Stroke Advisory Council work groups: Integrating and Accessing Care, Prevention and Public Awareness and Post-Stroke Health. <a href="#">Click</a> for the presentation slides. She stressed the need to educate heart disease and stroke health care providers as well as government and healthcare leadership on the current issues and needs of the stroke system of care. She added that Medicaid would benefit by supporting stroke prevention care to avoid the greater cost of post-stroke care. The next SAC <a href="#">meeting</a> will be held May 1, 2018 from 1-3 PM at Wake Forest Baptist Medical Center in Winston-Salem.	Speaker presentations posted at <a href="http://startwithyourheart.com/Meetings">startwithyourheart.com/Meetings</a>
Elizabeth Cuervo Tilson, Chief Medical Officer, NC Department of Health & Human Services	Dr. Tilson presented the North Carolina Vision for Buying Health. Describing high level thinking and a holistic view of health and well-being for all North Carolinians, she outlined the social determinants of health and North Carolina's health indicators. See Dr. Tilson's slide presentation for information on the negative impact of food insecurity, housing instability, transportation barriers, interpersonal violence (IPV) and adverse childhood events (ACEs) on the health and well-being of all North Carolinians. Dr. Tilson said that DHHS is crafting a multi-layered response to address health-related resource needs including standardized screening and a statewide resource platform. Attendees asked several questions after the presentation. In response to a question about assisting with employment, Dr. Tilson explained that there is a new position in the Office of Rural Health that will help place and provide support to community health workers so that CHWs will be well-trained and become part of multidisciplinary teams which provide team-based care. Dr. Tilson added that the resource platform will be available to provide resources to all individuals and agencies. She explained that resources in the platform will be required to be integrated with 2-1-1, case management and electronic health records and that the RFP will come out in approximately two weeks. She noted that the screening questions are currently out for public review and that many providers in FQHCs and LHDs are already asking these questions. DHHS is working on standardizing the questions but will not mandate they be asked by providers. With the transformation of Medicaid to managed care, DHHS will mandate that the managed care entities ask the screening questions as part of a comprehensive assessment. Dr. Tilson explained that data on food insecurity, homelessness, etc. among Medicaid beneficiaries will be collected in a standardized way when Medicaid moves to a managed care model. Dr. Tilson acknowledged that being uninsured is bad for your health.	Speaker presentations posted at <a href="http://startwithyourheart.com/Meetings">startwithyourheart.com/Meetings</a>
Essete Kebede, Epidemiologist	Anna Bess Brown and Essete Kebede presented the profile of the burden of cardiovascular disease in North Carolina. See the entire slide presentation for	Speaker presentations posted at <a href="http://startwithyourheart.com/Meetings">startwithyourheart.com/Meetings</a>

<p>Community and Clinical Connections for Prevention and Health NC Division of Public Health</p> <p>Anna Bess Brown</p>	<p>data at the national, state and county level; for hospitalization and Medicaid costs; and for data by race and gender. Resources for preventing cardiovascular disease appear at the end of the presentation. Members requested additional data for young adults ages 18-24 and for adults over age 65. Dr. Gates explained that he has many patients who have trouble accessing resources and that collecting data on younger people is important. The group discussed the need for better health education for students ages 5-18 and for Tobacco Master Settlement Agreement money to fund education of our youth. Dr. Tilson agreed that the CVD maps show us where we have poverty, unemployment and poor birth outcomes in our state and that health is dictated by these things. She added that early brain development is important and that early stresses impact the anatomy of the brain and cause lifelong changes. Home visiting programs and care management can help.</p>	<p>Full burden profile and additional data posted at <a href="http://startwithyourheart.com/Data">startwithyourheart.com/Data</a></p>
<p>Jim Martin, Policy and Programs Director, Tobacco Prevention and Control Branch, NC Division of Public Health</p>	<p>Jim Martin presented on the need for youth and young adult tobacco use prevention programs and on the latest electronic devices. Smoking among middle and high school students is increasing, and electronic cigarette use is on the rise. When asked how young people obtain the new electronic cigarette and vaping devices, Jim said that many buy them online and that there is not much funding for enforcement of age restrictions on retail sales of these products. When asked about cost, Jim explained that the cost depends on the product, that some devices can be filled with liquids that consumers provide. The group discussed the marketing of electronic devices to youth and the need for tobacco master settlement funds to be spent on tobacco use prevention education. Samples of electronic cigarettes were on display. See Jim’s entire slide presentation for more detail and statistics. The Task Force has endorsed funding requests for tobacco cessation and tobacco use prevention in the upcoming session.</p>	<p>Speaker presentations posted at <a href="http://startwithyourheart.com/Meetings">startwithyourheart.com/Meetings</a></p> <p>For more information on state Tobacco Prevention and Control efforts: <a href="#">Tobacco Prevention and Control Branch</a></p>
<p>Closing Remarks Senator Harrington</p>	<p>Senator Harrington thanked members and guests for participating in the meeting and for the valued work of the Task Force. She thanked the members of the Sergeant-at-Arms for their assistance with the meeting. The meeting was adjourned at 3 pm.</p>	<p>Speaker presentations posted at <a href="http://startwithyourheart.com/Meetings">startwithyourheart.com/Meetings</a></p>