



State of North Carolina

PAT McCRORY
GOVERNOR

HYPERTENSION/HIGH BLOOD PRESSURE DAY

2014

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, heart disease and stroke are the second and fourth leading causes of death in North Carolina, and high blood pressure, also known as hypertension, is a major and modifiable risk factor for heart disease and stroke and is a major contributor to adult disability; and

WHEREAS, in 2011, 32.4 percent of North Carolina adults reported a health professional telling them that they had high blood pressure; and

WHEREAS, approximately seven out of 10 people having their first heart attack have high blood pressure and eight of out 10 people having their first stroke have high blood pressure; and

WHEREAS, adequate medical treatments and proven preventive health strategies, such as healthy lifestyles that include a low salt diet with more fruits and vegetables, are beneficial; and

WHEREAS, high blood pressure patients who are treated earlier have a longer life-expectancy; and

WHEREAS, education can help with early diagnosis, prevention and better treatment; and

WHEREAS, the Justus-Warren Heart Disease and Stroke Prevention Task Force, the American Heart Association/American Stroke Association, the North Carolina Academy of Family Physicians, the Consortium on Southeastern Hypertension Control, and the Carolinas Center for Medical Excellence have agreed to support Hypertension Awareness Day; and, these partners, along with other North Carolina organizations, seek ways to improve health for the citizens of North Carolina by improving prevention and treatment of high blood pressure through support of education, advocacy and awareness; and

WHEREAS, the prevention and management of high blood pressure will require the collective effort of health care providers, other community members and organizations, and patients and families;

NOW, THEREFORE, I, PAT McCRORY, Governor of the State of North Carolina, do hereby proclaim May 21, 2014, as "**HYPERTENSION/HIGH BLOOD PRESSURE DAY**" in North Carolina, and commend its observance to all citizens.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this ninth day of May in the year of our Lord two thousand and fourteen, and of the Independence of the United States of America the two hundred and thirty-eighth.




PAT McCRORY
Governor